



# CERTIFICATE

of Contribution Awarded to

**Dr. Bajirao Pekhale**

Has successfully contributed and published a paper

**YOGA NIDRA FOR STRESS MANAGEMENT**

In an

International Peer Reviewed & Referred

Scholarly Research Journal For  
Humanity Science & English Language

E- ISSN 2348 - 3083 & P-ISSN 2349-9664, SJIF 2015: 3.801  
FEB-MAR, 2017 Volume 4, Issue 20, Released On 04/04/2017



Certificate No.SRJHSEL/28/28/2017  
[www.srjis.com](http://www.srjis.com)

A handwritten signature in black ink, appearing to read "Dr. Yashpal D. Netragaonkar".

**Dr. Yashpal D. Netragaonkar**  
Editor in chief for SR Journal's